



Long Branch High School September 2025

Together We Can, Juntos Nós Podemos, Juntos Podemos



HOME OF THE GREEN WAVE

			9/4 Hot Dog Bar w/ Chili, Cheese, Cooked Onions, Sauerkraut	9/5 Noodle Bowl Bar Chicken <u>or</u> Beef Teryiaki <u>or</u> Soy Sauce Mixed Vegetables
9/8 Quesadilla Bar Chicken, Veggie or Cheese with all assorted toppings	9/9 Burrito Bowl Bar Choice of Chicken or Beef	9/10 Pasta Bar Chicken Alfredo or Meat Sauce Prepared to Order	9/11 Yogurt Bar Vanilla or Strawberry Yogurt Asst. Fruit and Cereal for toppings	9/12 Waffle Bar Homemade Waffles Choose your toppings from the topping bar
9/15 Panini Bar Chicken, Veggie or Cheese	9/16 Burrito Bowl Bar Choice of Chicken or Beef	9/17 Pasta Bar Chicken Alfredo or Meat Sauce Prepared to Order	9/18 Burger Bar w/ Lettuce, Tomato, Cooked Onions, and all the fixings.	9/19 Noodle Bowl Bar Chicken <u>or</u> Beef Teryiaki <u>or</u> Soy Sauce Mixed Vegetables
9/22 Quesadilla Bar Chicken, Veggie or Cheese with all assorted toppings	9/23 Burrito Bowl Bar Choice of Chicken or Beef	9/24 Pasta Bar Chicken Alfredo or Meat Sauce Prepared to Order	9/25 Mozzarella Bar Mozzarella Sticks <u>or</u> Pepperoni Calzone Marinara Dipping Sauce Tossed Salad	9/26 Waffle Bar Homemade Waffles Choose your toppings from the topping bar
9/29 Panini Bar Chicken, Veggie or Cheese	9/30 Burrito Bowl Bar Choice of Chicken or Beef	10/1 Pasta Bar Chicken Alfredo or Meat Sauce Prepared to Order	10/2 Hot Dog Bar w/ Chili, Cheese, Cooked Onions, Sauerkraut	10/3 Noodle Bowl Bar Chicken <u>or</u> Beef Teryiaki <u>or</u> Soy Sauce Mixed Vegetables

For Nutrition
information

<https://longbranch.nutrislice.com/menu>

Sides Offered Daily with Lunch Choices

Fresh Vegetables, Specialty Made Salads,
Assorted Fresh Fruits or Canned Fruits
Assorted 100% Juices
Assorted Low Fat and Skim Milks
& Lactaid Milk